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Frequent Ask Questions - Quick Guide to understanding eye lasik in under 10 minutes

Below are the commonly ask questions on eye lasik. If you need assistant on questions not answered in this report, please email your questions to faq@abouteyelasik.com. We will contact a local eye surgeon to help you.

1. What types of surgery should I consider if I have high myopia for short-sightedness?

Usually, high myopia would be -600 degrees/-6.0D and above. Laser surgery would be the ideal choice to correct high myopia. Do take note that your corneal thickness is the limiting factor.

2. What are the risks and complications involve in Lasik eye surgery?

Some common complications are:

- (i) Dry eyes;
- (ii) Glare, haloes and starbursts
- (iii) Under or over correction
- (iv) Corneal flip where the flap is incompletely cut, sheared off or flap with 'button hole' defect.
- (v) Loss of best corrected visual acuity. This would refer to seeing worse after the operation even with the use of spectacle or contact lens.
- (vi) Contact lens wears intolerance. The patient is unable to wear contact lens anymore to correct any vision problem.
- (vii) Malfunction of equipment
- (viii) Eye infection. Fortunately the incidence is rare and 1 in 5,000. With the use of prescribed antibiotic eye drops this is greatly reduced.
- (ix) Glaucoma. This occurs due to prolong use of anti-inflammatory steroid eye drops.
- (x) Retinal detachment. Patients with high myopic have a higher risk to retinal tears and retinal detachments.

3. What about the success rate of myopia LASIK surgery?

Current results show that for patients less than -5.0D/-500 degrees of myopia are extremely good with in achieving 6/12 or 98% success, without having to wear optical correction aid anymore.

Patients between -5.0D/-500 degrees to -10.0D/-1000 degrees, the surgical results is 92% achieving 6/12 vision after surgery without any optical correction.

4. Is LASIK surgery safe?

First eye LASIK surgery was performed in 1989 and over the years research has proven the surgery results are stable and safe. Safety, efficacy and stability are the main reasons why eye surgeons choose this procedure over the rest.

5. How long does LASIK surgery take?

10 minutes or less per eye.

6. What is the risk of blindness with LASIK surgery?

The risk of blindness is rare and risk of developing infection is 1 in 5,000.

7. Is LASIK surgery painful?

The surgery is painless. Entire procedure is performed under anesthetic eyedrops which numb the eye. No injections are necessary.

8. Is there a need for stitches during LASIK surgery?

No stitching is required during LASIK surgery. The corneal flap adheres by surface tension within a few minutes and the surface epithelial layer will migrate inwards to seal the edges of the flap within 24 hours.

9. Can I rub my eyes after LASIK surgery?

Surgeons would ask you to avoid rubbing your eyes after LASIK surgery for at least 3 weeks. This is to prevent the corneal flap from developing abnormal folds.

10. Can I see immediately after the surgery?

Yes. You can see immediately after the surgery. Vision might be a little blur for the first 12 hours. Most patients can see well enough to drive without glasses the next day after the surgery.

11. How much medical leave must I apply for my LASIK surgery?

Patients can return to work the day after LASIK surgery. They should avoid crowded or dusty places at least for the first week.

12. Are the results permanent or will my vision continue to deteriorate?

Yes, the results are permanent. Millions of cases have been done worldwide and studies have shown the results are stable.

13. Since LASIK technology keeps improving, should I wait for a few years more before going for this operation?

Current technology is well enough and the results have been very good for low-moderate myopia. If you have doubt, always go for a thorough eye assessment by an eye surgeon and discuss the advantages or disadvantages of the procedure.

14. Can my children below 18 years of age go for eye LASIK surgery?

Most surgeon would recommend LASIK surgery be performed only to patient that are above 18 years of age. The patient must also have stable myopia for at least 2 years before going for this surgery.

15. Why does some eye surgeon with myopic not go for LASIK surgery?

Well, most eye surgeons who perform LASIK surgery would consider it to be a form of cosmetic surgery. Just like teeth whitening, this is also a form of cosmetic procedure.

The above information presented serves to be a general guide to eye lasik surgery and does not cover all area of eye lasik procedure. It is best for patient to seek eye surgeon advice in their individual country before deciding whether or not to go for eye LASIK. For more info.

Visit <http://www.aboutevelasik.com/>

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